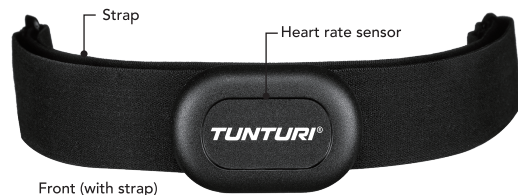


MANUAL

CHEST BELT 5 KHZ

14TUSRU150



More info



FEEL BETTER EVERY DAY

HOW TO WEAR THE CHEST STRAP

1. Adjust the strap length to a suitable personal length and snug enough to stay in place during your workout.
2. Attach the sensor to the strap.
3. Wet **both** electrode areas on the back of the strap (refer to illustrated 3).
4. Tie the strap around your chest, just below your chest. Check that the moist electrode areas are firmly against your skin. Please also check your logo is in upright position to help device detect efficiently (refer to illustrated 4).
5. Attach the hook to the other end of the strap.

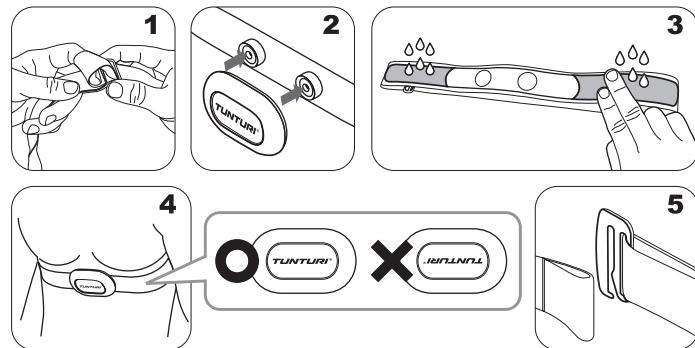
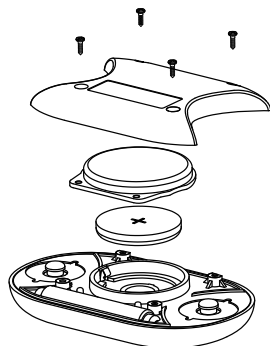
REPLACE THE BATTERY

Step 1: Use a small cross head screwdriver to release the screws from back cover.

Step 2: Lift the waterproof gasket and remove the battery.

Step 3: Insert the new battery (type: CR2032) with positive (+) side facing up.

Step 4: Replace the back cover and the four screws ensuring the gasket is in place correctly. Tighten the screws.



CARE & MAINTENANCE INSTRUCTIONS

1. Please store the strap and the heart rate sensor separately when not in use and keep both in a cool and dry place. Store the strap lying flat or hanging loosely and do not fold from electrode areas of the strap for extended periods.
2. After every use, please detach the heart rate sensor from the strap and dry the heart rate sensor with a soft towel.
3. After 3~4 uses, wash the strap with hand and please clean the strap gently and carefully. Use of detergents with optical brightening agents, moisturizing soaps or fabric softener is not recommended. Do not soak, iron, dry clean or bleach the strap. Also do not twist and stretch the strap or bend the electrode areas sharply.

4. Dry the strap with a soft towel after every wash and then hang to dry in a cool place. Do not expose the strap to direct sunlight.
5. The method of cleaning is determined by the symbols printed on the strap.

WASHING INSTRUCTIONS



Washing
with hand



Do not
bleach



Do not
tumble dry



Do not
iron



Do not
Dry clean

NOTE

1. Before each use, make sure that the both sides electrode areas of Heart Rate Strap are well moistened, and you wear it as instructed.
2. Keep the transmission distance between 14TUSRU150 and your device is within 120cm.
3. Check the battery. If exhausted, please replace the battery.
4. Batteries should be disposed.

**FEEL BETTER
EVERY DAY**